

Jordan's Principle (FNIHB) Manitoba Monthly Bulletin - October 2018

Quote of the Month

"We struggled with trying to transition services from Thompson to our home community. They really helped with getting things lined up so our child could stay home with us." – Mother

Community Based Updates

Roseau River Anishinabe First Nation

We coordinate one-on-one sessions with caregivers and parents to assess how Jordan's Principle can assist their child and when requested, staff members were made available to join in on specialist appointments for advocacy and support. We met with various stakeholders to present Jordan's Principle as an option for youth in their program. This year the Ginew Wellness Center was expanded to accommodate the growing needs of the Jordan's Principle Initiative. Some of our activities included partnering with Right-to-Play, piloting a small intensive life skills group and sending groups of kids to Lil Steps Miniatures and Wellness Farm in St. Malo. Our regular programming includes child development sessions in the sensory and therapy spaces at the Ginew Wellness center. These 45 minute sessions focus on sensory, emotional regulation, speech language and motor skills and other goals identified through the assessment process. As well, the respite program is up and running this year, there are 7 families receiving this service regularly. We look forward to adding lunch and learns, language and culture, intergenerational events and of course, summer programming!



Sensory and therapy space

Peguis Jordan's Principle

On October 4, 2018, Peguis Jordan's Principle held its first Child Development Clinic at the Peguis Health Centre, in Peguis, MB. In consultation and collaboration with the SSCY Centre, Dr. Sally Longstaffe and Dr. Ana Hanlon-Dearman visited the community. The visit included the assessment and diagnosis of 4 children from Peguis, 3 children from the neighbouring community of Fisher River and 1 child from Peguis that was referred for further service. These services were never available to an indigenous community prior to Jordan's Principle. With the commitment to care from the staff of the SSCY

Outreach Team, Marlene Waldron, Brittany Finsson, Sarah Norquay and Mika Rodin along with Mary Cox-Millar and Sheryle Marshall, Peguis Jordan's Principle was able to facilitate this amazing opportunity. A special thank you to the team from Peguis Jordan's Principle, the Child Development Workers and Respite Workers that supported the children and parents through the Child Development Workers and Respite Workers that supported the children and parents through the assessment and diagnosis. Their hard work and dedication to our children, ensures a positive and valuable experience for all involved. Also to Doris Bear, Peguis Health Director, for always supporting and encouraging the Peguis Jordan's Principle Team.



Regional Highlights

Monthly Reporting

Contact Jamie.Dueck@canada.ca or call 204-984-0146 for technical support or questions regarding monthly reports.

Training for Jordan's Principle Community Based Workers

Part 1 starts October 2nd 2018 and continues to December 6th at various locations.

Contact your Tribal Council Service Coordinator or Jamie Dueck at Jamie.Dueck@Canada.ca

Education recordings will be made available through Saint Elizabeth Health Care for future learning.

Training and Resources

Boardmaker Software

Parents, teachers and therapists can create accessible curriculum materials for students regardless of their abilities. Product can be purchased at www.bridges-canada.com For support using the software contact the SSCY for workshop information at (204) 452-4311.

All About ADHD

Please join the MATC ADHD Team for a fun and fact filled day!

Dates: Nov. 6, 2018 - for families

Nov. 7, 2018 - for professionals

Specifically geared for those who work with or care for children and youth experiencing challenges with ADHD, at home, school and community. If you are interested you can contact the organizer with any questions at (204) 958-9662.

Jordan's Principle Services Early Intervention Program for The Deaf and Hard of Hearing

Deaf and Hard of Hearing with CCC, early intervention services is now being provided to First Nations' preschool age (birth to school entry) Deaf and Hard of Hearing children under the Health Canada initiative, Jordan's Principle – Child First Initiative. Please contact Quan Lien for questions. You can contact Quan Lien at Ph: 204-975-3277 Fax: 204-975-3073 or Email: qlien@smd.mb.ca

Specialized Communication Resources: For Children with Moderate to Severe Communication Disorders

The Rehabilitation Center for Children offers various learning opportunities for educators and therapists and free workshops for parents. See their website for information on dates and registration: www.rcinc.ca

MB FASD Coalition

The FASD Coalition website has 3 mini documentaries. On their website they also have a link to free info sessions on FASD that they run throughout the year.

Website www.fasdcoalition.ca

Winnipeg Regional Health Authority: Indigenous Health

Improve coordinated support with the WRHA Indigenous Health Patient Services. If someone you know is receiving medical support in Winnipeg, the WRHA can provide First Nations language interpretation, resource coordination, discharge planning, spiritual and cultural care, advocacy and more in a culturally safe environment for First Nations families. Call 1-877-940-8880

Books of the Month

Sitting Still Like a Frog



Mindfulness exercises for kids (and their parents) Simple practices to help you and your child deal with anxiety improve concentration and handle difficult emotions. This book can be ordered through Indigo at <https://www.chapters.indigo.ca/en-ca/books/sitting-still-like-a-frog/9781611800586-item.html>

My First Safety Book



The Canadian Centre for Child Protection strives to reduce sexual abuse and exploitation of children. Order and download free material for caregivers, teens and children of various age groups at www.protectchildren.ca

Coordinating Youth Groups

Youth Cooking Classes

Get youth together to learn the basics of food preparation, cooking techniques and healthy eating. Contact your community ADI or CPNP to coordinate a community cooking class. You may want to partner with the local store or school for an after school get-together. For some communities funding is already in place through the Nutrition North Canada (NNC) Program. To learn more about NNC or get inspired to start your winter cooking youth group register for the FNIHB NNC presentation on Oct. 29, 1:30pm -2:30pm. To register for Telehealth call 866-999-9698 - option 4 or by teleconference call 1-877-413-4782 ID # 2351514. Target Audience: ADI workers and other community based workers.

Cultural Dance Classes

Do you know youth with Jingle Dress or Fancy Shawl dance talent? Now is a great time to recruit volunteers to teach cultural dance classes to the younger children.

Equine therapy for Teens

The results are in! Horse therapy can be beneficial for mental health or simply solving some of life's problems. Keenridge Equine Center in Manitou uses the nationally certified Building Block Program TM to provide learning and growth in life skills. Learn more at www.Keenridge.ca.

